

# Benjamin Michael Towne, MA, ATC



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**Education:** **Western Michigan University** **Kalamazoo, MI** **1999-2001**  
Masters of Arts Physical Education  
Specialization in Athletic Training

**Lyndon State College** **Lyndonville, VT** **1995-1999**  
Bachelor of Science in Sports Medicine  
Concentration in Athletic Training

**Certifications:** BOC Certified Athletic Trainer # 080002050  
National Athletic Trainers' Association Member # 976234  
State of New Hampshire License # 0622  
CITI Data Research Certified  
Instructor American Red Cross CPR/AED for the Professional Rescuer Certified  
Functional Movement Screen (FMS) Level I Certified

**Professional Experience:**

**United States Bobsled & Skeleton Team** **(2006-present)**  
Athletic Trainer for World Cup Athletes actively providing medical services.

**United States Indoor Lacrosse Team** **(2015)**  
Athletic Trainer for U.S. national team actively providing medical services.

**University of New Hampshire** **(Spring 2015-present)**  
**Clinical Assistant Professor**

- Acting instructor for multiple courses in the Athletic Training Program, including Seminar in Athletic Training, General Medical Conditions, Therapeutic Modalities, Pharmacology/Ergogenic Aids and Clinical Practicum
- Manage all clinical sites, student placement and preceptor education as Clinical Coordinator.

**University of Southern Maine** **(Fall 2010-Fall 2015)**  
**Clinical Coordinator/Lecturer**

- Acting instructor for 100, 200, 300 and 400 level courses in the Department of Exercise, Health & Sport Sciences, including the Athletic Training Program.
- Manage all aspects of 21 clinical sites, student placement and Preceptor training as Clinical Coordinator.

**University of Southern Maine** **(Fall 2007-Fall 2010)**  
**Athletic Training Education Interim Program Director & Clinical Coordinator**

- Responsible for all aspects of day to day maintenance and growth of CAATE accredited ATEP
- Acting instructor for 200, 300 and 400 level courses in the Department of Exercise, Health & Sport Sciences, including the Athletic Training Education Program.
- Managed all aspects of clinical sites, student placement and ACI training as Clinical Coordinator.
- Served on College of Nursing & Health Professions Sustainability Committee

- Devised & Implemented *SPM 499 "Athletic Training International Service Learning"* Course in the Dominican Republic
- Devised & Implemented *SPM 200 "History of Athletic Training"* online course.

**University of Southern Maine**

**(Fall 2005 – Fall 2007)**

**Lecturer of Sports Medicine & Rehabilitation Coordinator**

- Acting instructor for 200, 300 and 400 level courses in the Department of Exercise, Health & Sport Sciences, including the Athletic Training Education Program.
- Acting Approved Clinical Instructor to undergraduate athletic training students on clinical rotation.
- Provide rehabilitation services to 23 NCAA Division III Men's and Women's athletic teams.
- Faculty Advisor for Athletic Training Student Association

**University of New England**

**(Fall 2002 – Spring 2005)**

**Clinical Educator & Assistant Athletic Trainer**

- Acting instructor for 100, 200, 300 and 400 level courses in the Department of Exercise & Sport Performance, including the Athletic Training Education Program.
- Acting Approved Clinical Instructor to undergraduate athletic training students on clinical rotation.
- Assist head athletic trainer for all aspects of medical services to 13 NCAA Division III Men's and Women's athletic teams, including home and travel duties.
- Completed administrative tasks including budgeting, inventory, daily staff scheduling and daily undergraduate student scheduling in the Summers Athletic Training Room.

**Adrian College**

**Assistant Athletic Trainer & Instructor**

**(Fall 2001 – Spring 2002)**

- Assisted head athletic trainer for all aspects of medical services to 16 Division III Men's and Women's athletic teams, including home and travel duties with numerous athletic teams.
- Served as instructor for 100 and 200 level courses in Exercise Science and Physical Education department.
- Initiated active role in the supervision and education of undergraduate student athletic trainers on a daily basis.
- Completed administrative tasks including budgeting, inventory, medications, daily staff scheduling and daily undergraduate athletic trainer scheduling.

**Western Michigan University**

**Graduate Assistant Athletic Trainer**

**(1999 – 2001)**

- Responsible for all aspects of medical services to the Division I Men's Soccer program, Women's Cross Country and Track & Field programs.
- Assisted head athletic trainer for Division I Pre-season Football and hockey programs.
- Provided coverage for numerous additional WMU home events, including summer camps.
- Served as lecturer, WMU undergraduate First Aid Class.
- Completed administrative tasks for Division I Athletic Training facility, including budgeting, inventory, medications, daily staff scheduling and daily undergraduate clinic scheduling.

## **Athletic Training Field Experience:**

### **International – Volunteer**

#### **United States Olympic Committee**

2016	Athletic Trainer World Cup Tour Bobsled Skeleton	Park City, UT & Vancouver, CA
2015	Athletic Trainer World Championships Indoor Lacrosse	Syracuse, NY
2015	Athletic Trainer USA Team Camp	Philadelphia, PA
2015	Athletic Trainer USA Indoor Lacrosse Team Tryouts	Simsbury, CT
2015	Athletic Trainer World Cup Tour Bobsled/Skeleton	Altenberg, Germany
2014	Athletic Trainer Winter Olympic Games	Sochi, Russia
2014	Athletic Trainer World Cup Tour Bobsled/Skeleton	Austria & Switzerland
2013	Athletic Trainer World Cup Tour Bobsled/Skeleton	Sochi, Russia
2012	Athletic Trainer World Championships of Bobsled & Skeleton	Lake Placid, NY
2011	Athletic Trainer World Cup Tour Bobsled /Skeleton	France & Austria
2011	Athletic Trainer World Championships of Bobsled & Skeleton	Konigsee, Germany
2009	Athletic Trainer World Cup Tour Bobsled /Skeleton	Sestriere, Italy
2008	Athletic Trainer World Championships of Bobsled & Skeleton	Altenberg, Germany
2006	Athletic Trainer USOC Skeleton/ Bobsled	Park City, UT
2006	Athletic Trainer United States Olympic Training Center	Lake Placid, NY

### **Service Learning- Clinical & Teaching**

2013	(Summer/Winter) Athletic Trainer Rural Health Team	Lajas de Yaroa, Dominican Republic
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2008	(Summer/Winter) Athletic Trainer Rural Health Team	Lajas de Yaroa, Dominican Republic
2007	Athletic Trainer Rural Health Team	Lajas de Yaroa, Dominican Republic

### **National/Regional**

2013	Volunteer Revolution 3 Triathlon Series	Old Orchard, ME
2006 – 2008	Volunteer Athletic Trainer Boston Marathon,	Boston, MA
2003 – present	Staff Athletic Trainer for Hannaford Ice Hockey Invitational	Biddeford, ME
2003, 2004	Medical Director for National Youth and Sports Program - USM	Portland, ME
2002- 2011	Staff Athletic Trainer for Biddeford Ice Arena	Biddeford, ME
2002- 2011	Staff Athletic Trainer for Portland Jr. Pirates Hockey Team	Biddeford, ME
2001	Athletic trainer; NCAA Division I Hockey West Regional	Grand Rapids, MI
2000	Staff athletic trainer; Western Michigan University Sports Camps	Kalamazoo, MI
1999, 2000	Volunteer athletic trainer; U.S. Tennis Association Junior Nationals	Kalamazoo, MI
1999	Staff athletic trainer; World Series of Softball	Portage, MI

### **Professional Development:**

#### **International**

May 2014	Canadian Athletic Therapist's Association Annual Meeting	Winnipeg, Canada
May 2013	Canadian Athletic Therapist's Association Annual Meeting	Toronto, Canada
June 2009	World Federation of Athletic Training & Therapy Congress	San Antonio, TX

**National**

June 2016	NATA Annual Meeting & Clinical Symposia	Baltimore, MD
March 2015	3 <sup>rd</sup> Matthew Gfeller Sport Related Neurotrauma Symposium	Chapel Hill, NC
June 2014	NATA Annual Meeting & Clinical Symposia	Indianapolis, IN
June 2013	NATA Annual Meeting & Clinical Symposia	Las Vegas, NV
June 2012	NATA Annual Meeting & Clinical Symposia	St. Louis, MO
June 2011	NATA Annual Meeting & Clinical Symposia	New Orleans, LA
June 2010	NATA Annual Meeting & Clinical Symposia	Philadelphia, PA
June 2009	NATA Annual Meeting & Clinical Symposia	San Antonio, TX
June 2008	NATA Annual Meeting & Clinical Symposia	St. Louis, MO
June 2007	NATA Annual Meeting & Clinical Symposia	Anaheim, CA
June 2006	NATA Annual Meeting & Clinical Symposia	Atlanta, GA
June 2005	NATA Annual Meeting & Clinical Symposia	Indianapolis, IN
June 2004	NATA Annual Meeting & Clinical Symposia	Baltimore, MD

**Regional**

June 2016	America East Health & Safety Summit	Durham, NH
April 2016	NHATA Student Symposium	New London, NH
May 2015	NHATA State Meeting	Bow, NH
April 2015	NHATA Student Symposium	Plymouth, NH
March 2014	MATA 10 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Portland, ME
November 2013	Maine Athletic Trainers' Association (MATA) Fall Meeting	Waterville, ME
November 2012	Maine Athletic Trainers' Association (MATA) Fall Meeting	Waterville, ME
March 2012	MATA 8 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Bangor, ME
November 2011	MATA Fall Meeting	Waterville, ME
March 2011	MATA 7 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Bangor, ME
July 2010	Considerations in Helmet Extraction UNH	Durham, NH
March 2010	MATA 6 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Bangor, ME
March 2008	MATA 5 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Bangor, ME
March 2007	MATA 4 <sup>th</sup> Annual Spring Meeting & Awards Banquet	Waterville, ME
March 2006	MATA 3 <sup>rd</sup> Annual Spring Meeting & Awards Banquet	Waterville, ME
October 2005	MATA Fall Meeting	Waterville, ME
August 2005	Approved Clinical Instructor Workshop	Gorham, ME
April 2005	Concussion in Sport	Boston, MA
March 2005	Sports Medicine Topics for the Primary Care Practitioner	Biddeford, ME
January 2003	EATA Annual Meeting	Boston, MA
September 2002	Approved Clinical Instructor Workshop	Biddeford, ME

**Committee/Service Experience:**

2015	Book Proposal Reviewer " <i>True Stories from the Athletic Training Room</i> " for Slack, Inc.
2012 - 2014	Appointed NATA liaison to Canadian Athletic Therapists Association (CATA)
2011 - 2013	Manuscript Reviewer for Athletic Training Educator's Journal (ATEJ)
2008 - 2013	International Committee Member National Athletic Trainer's Association
2006 - 2009	Executive Board, Maine Athletic Trainers' Association (MATA)

**Grants/Awards:**

2014: *Bill Cox Service Award: Maine Athletic Trainer of the Year*  
Maine Athletic Trainer's Association

2012: *CTEL Grant for KinesioCapture © Technology in the Classroom*  
University of Southern Maine

2011: *Most Outstanding Faculty Award*  
University of Southern Maine

2011: *Harvard Faculty Award for Service Learning Excellence*  
Maine Campus Compact

2010: *Centers for Technology and Education Learning Gadgets, Gear & Gurus Grant*  
University of Southern Maine

2010: *Centers for Technology and Educational Learning Web Development Grant*  
"Online Course Development: History of Athletic Training" University of Southern Maine

2009: *OA Centers for Orthopaedics MATA Professional Scholarship*  
"Promoting International Service Learning in Athletic Training Education"

2008: *Maine Athletic Trainers' Association Mike Linkovich Grant*  
"Pursuing Athletic Training Education in the Dominican Republic"

2008: *College of Nursing & Health Professions Faculty Service Award*  
University of Southern Maine

2006: *University of Southern Maine Center for Teaching Community Building Grant:*  
"Medical Volunteers for Boston Marathon"

### **Peer Reviewed Publications**

2012: "Merging Athletic Training & Nursing Clinical Education: An Interdisciplinary International Service-Learning Model" Groupwork | November 2012 (Primary Author)

2010: "Service Learning in Athletic Training: It's About Time" Athletic Training Education Journal  
Volume 5 | Issue 4 | October 181-182. (Primary Author)

### **Professional Presentations:**

2016: "*Thrills & Spills: An Athletic Training Experience at the Winter Olympics*"  
New England American College of Sports Medicine Conference. Providence, RI  
(Invited Speaker)

2014: "*International Experiences Available in Athletic Training*"  
National Athletic Trainers' Association Annual Meeting & Clinical Symposia. Indianapolis, IN  
(Invited Speaker)

2014: "*Managing the Elite Level Athlete at the 2014 Sochi Winter Olympics*"  
Maine Chapter National Strength and Conditioning Association State Clinic Biddeford, ME  
(Invited Speaker)

2010: "*International Service Learning in Athletic Training Education: An Update*"  
National Athletic Trainers' Association Annual Meeting & Clinical Symposia. Philadelphia, PA  
(Invited Speaker)

2010: "Promoting Ethnic Diversity Awareness via Cultural Immersion"  
National Athletic Trainers' Association Annual Meeting & Clinical Symposia. Philadelphia, PA  
(Poster Presentation)

2009: "Science of Athletic Footwear" Maine Association of Health, Physical Education, Recreation & Dance  
Annual Symposia. Rockland, ME (Invited Speaker)

2009: "Supplying Approved Clinical Instructors with Portable Electrical Nerve Stimulators to Evaluate  
Electrotherapy Proficiency Skills in the Clinical Setting"  
National Athletic Trainers' Educators Conference. Washington, DC (Poster Presentation)

2008: "International Service Learning in Athletic Training Education"  
National Athletic Trainers' Association Clinical Symposia. St. Louis, MO (Invited Speaker)

2007: "Assessing Proficiencies in the Clinical Setting Results in Positive Student Outcomes"  
National Athletic Trainers' Educators Conference, Dallas, TX (Poster Presentation)

2007 Maine Athletic Training Student Symposium Director "Core Strength, Stability & Rehabilitation"  
University of Southern Maine, Gorham, ME

#### **Local Speaking/Media Engagements:**

Dec. 2014	"Athletic Trainer Ready for Sochi" WCSH Newscenter, Channel 6	Portland, ME
Dec. 2014	"Athletic Trainer Prepares for Olympics" Maine Public Broadcasting	Portland, ME
June 2013	"Athletic Training Around the World" Southworth Planetarium Series	Portland, ME
April 2013	"Prezi Integration at USM" USM Faculty Alumni Luncheon	Gorham, ME
March 2012	"Prezi in the Classroom" USM Technology Showcase	Portland, ME
Sept. 2010	"Pre-Season Injuries", WCSH Newscenter, Channel 6	Portland, ME
March 2010	"Child Injuries Uncovered", WCSH Newscenter, Channel 6	Portland, ME
Dec. 2009	"Science of Athletic Footwear" University of New England	Biddeford, ME
March 2008	"Expanding Athletic Training Educational Opportunities Globally" MATA	Waterville, ME
June 2007	"Nutritional Considerations for the Olympic Athlete" USM	Portland, ME
Feb. 2007	"An Athletic Trainer in the Dominican Republic" USM	Gorham, ME
March 2007	"The Future of Athletic Training" Auburn High School	Auburn, ME
March 2007	"National Athletic Training Month" Guest, KidsFIRST Radio Show	Portland, ME
October 2006	"Athletic Training as a Profession" SMCC	S. Portland, ME
October 2006	"Cheerleading Injuries" WMTW Evening News, Channel 8	Portland, ME

#### **Courses Instructed at University of New Hampshire**

KIN 406 Introduction to Athletic Training  
KIN 659L Evaluation & Care Lab  
KIN 661 Therapeutic Exercise Lab  
KIN 662 Therapeutic Modalities  
KIN 663 Therapeutic Modalities Lab  
KIN 665 Athletic Training Practicum Series  
KIN 667 Pharmacology\*  
KIN 668 Ergogenic Aids in Sports\*  
KIN 670 General Medical Conditions  
KIN 715 Seminar in Athletic Training

KIN 718 Career Preparations in Athletic Training

*\*denotes online course offering*

**Courses Instructed at University of Southern Maine**

SPM 100 Introduction to Exercise, Health & Sport Science

*SPM 200 History of Athletic Training\*\**

SPM 265 Therapeutic Modalities

SPM 270 Athletic Training Clinical I

SPM 310 Athletic Training Principles II

SPM 370 Athletic Training Clinical II

SPM 371 Athletic Training Clinical III

SPM 410 Athletic Training Principles III

SPM 470 Athletic Training Clinical IV

*SPM 499 International Service Learning in Athletic Training\*\**

*\*\*denotes original course designed and implemented by Towne*