

EDUCATION

Master of Science

Major: Athletic Training

Indian Wesleyan University, Marion, IN

May 2019

Bachelor of Science

Major: Athletic Training

Keene State College, Keene, NH

December 2013

CERTIFICATIONS AND MEMBERSHIPS

- National Athletic Training Association-BOC-*Current*
- AHA CPR and AED Professional Rescuer-*Current*
- New Hampshire and Vermont State License- *Current*
- NATA-*Current member*

ATHLETIC TRAINING AND CLINICAL EXPERIENCE

Head Athletic Trainer, Division I Brattleboro Union High School
Brattleboro, V.T.

August 2016-Present

- Perform clinical evaluation of athletic injuries on/off field of play for all sports including varsity and sub varsity football, hockey, lacrosse, basketball, and other sports offered by the athletic department
- Implement preventative services by providing student-athlete programming regarding health, nutrition, and performance
- Design, guide, treat athletes through rehabilitation programs including functional and post-surgical rehabilitation
- Perform preventative measures for all athletes by pre-screening and providing medical clearance of athletes
- Perform Impact Testing, BESS and SCAT5 testing for all athletes in current season
- Implement concussion evaluation and rehabilitation using a 7-step return to play protocol
- Manage daily operations for the athletic training clinic including yearly budget, supply inventory, general upkeep
- Prepare and maintain accurate and thorough medical documentation
- Provide medical coverage at practices and competitions both at home and away
- Communicate efficiently and effectively between athlete, coach, parents, and appropriate health care providers
- Supervise and educate 4-6 Keene State College Athletic Training Interns per year
- Teach independent study on Sports Medicine for high school seniors
- Coordinate care and generate appropriate referrals with health care providers in the community
- Create and implement Emergency Action Plan for the school with CPR and AED training each season

Athletic Trainer, Dartmouth Hitchcock Medical Center
Lebanon, N.H.

September 2015-August 2016

- Responsibilities included reviewing and completing flight check/chart prep for upcoming appointments, executing all intake/flow responsibilities, ensuring a welcoming patient environment, updating patient electronic medical records appropriately including medical history utilizing Dartmouth's Electronic Health Records System, Epic
- Impact and BESS test patients in the concussion center
- Assist the cast technicians when necessary, perform cast and splint removal, and DME adjusting and fitting
- Order and schedule X-rays/MRI's
- Perform and assist with all clinical procedures: suture/staple removal, aspirations, injections, wound care, tenotomys, and club foot casting, and assist with pre/post ops
- Manage an In-basket and answer physical therapy and post-surgical questions for patients and physical therapist
- Generate physical therapy and occupational therapy referrals

Athletic Trainer, Keene State Girls Basketball Camp, *Keene NH*

July 2015-Present

Athletic Training Intern, Brattleboro Union High School, *Brattleboro, VT*

Spring 2013

Athletic Training Intern, Cheshire Medical Center, *Keene, NH*

Fall 2013

Athletic Training Intern, Keene High School, *Keene, NH*

Fall 2013

Athletic Training Intern, Keene State College, *Keene, NH*

Fall 2011-Spring 2012

- Division 3 athletes specializing in Men's and Women's Soccer, Swimming, Lacrosse, Women's basketball, Men's and Women's Soccer, Dance Students

PROFESSIONAL DEVELOPMENT

- NATA, *Baltimore, MD* 2016
- NEASCSM, *Andover, MA* 2011
- NHATA Student Symposium, *Concord, NH* 2013
- Presenter and attendant NSCA, *Lyndonville, VT* 2011

