

EDUCATION

Bachelor of Science in Athletic Training, *Plymouth State University*, Plymouth, New Hampshire

• Graduated December 2019 with Honors - Summa Cum Laude • Cumulative GPA 3.89 • Major GPA 3.93

CLINICAL EXPERIENCE

Athletic Trainer, High Mowing School, Wilton, NH **April 2022 - Present**

- Responsible for providing sports medicine services to the Black Rock Futbol Club, High Mowing School Circus Studies Program, and both volleyball and basketball teams
- Work collaboratively with the health services team for overall patient care, administrative tasks, and consults on orthopedic related injuries for non-athletes
- Maintain a safe environment with a collective review of policies and procedures for the school and sports
- Administrative responsibilities of maintaining inventory, documentation on EMR, scheduling patient appointments, assisting with transports, ensuring paperwork is complete, medication administration, etc.

Athletic Trainer, Cheshire Medical Center Dartmouth-Hitchcock Keene, Keene, NH **Aug 2021 – April 2022**

- Assist with daily flow and operation of the orthopedic clinic by working directly with supervising physicians, physician assistants, and other clinical/non-clinical staff
- Provide quality patient care with duties including taking patient histories, documentation, triage, educating on pre/post-operative care, developing and teaching home exercise programs, applying/removing casts and splints, fitting appropriate medical equipment, staple/suture removal, and assisting with in-office procedures
- Responsible for ordering medications/injections and assisting in maintaining inventory of all medical supplies

Certified Intern Athletic Trainer, Catawba College, Salisbury, NC **Aug 2020 – May 2021**

- Responsible for providing all patient medical services for football
- Assist with providing medical services to other teams including men's/women's lacrosse, women's soccer, indoor/outdoor volleyball, swimming, tennis, and golf
- Create and instruct therapeutic rehabilitation programs for athletes
- Responsible for administering COVID-19 tests, contact tracing student-athletes, and coordinating quarantine
- Assist with administrative tasks including inventory, scheduling student-athlete appointments, and documentation using an electronic medical record system

Athletic Training Student, Plymouth State University, Plymouth, NH **Fall 2017 – Fall 2019**

- Providing medical services to men's lacrosse, men's/women's soccer, women's ice hockey, and softball
- Designated lead athletic training student for managing visiting teams including pre/post-game treatment, initial on field evaluations, and any other needs
- Clinical mentor to pre-professional and first-year Master's students

CERTIFICATIONS

Athletic Training BOC Certified, Certification # – 2000038189

New Hampshire Licensed Athletic Trainer, License # – 1461

American Heart Association Basic Life Support Provider/Heartsaver for K-12 Schools, exp Fall 2024

National Council for Wellbeing Youth Mental Health First Aid USA, exp Fall 2025

PROFESSIONAL ORGANIZATIONS & SERVICE

National Athletic Trainers' Association (NATA), Member # – 99338, Fall 2017 – Present

Eastern Athletic Trainers' Association (EATA), Fall 2017 – Present

- EATA Student Delegation Member, Spring 2018 – Fall 2020
 - › *Program Chair*; 2019 – coordinate and lead the entire student portion of the 2020 EATA Annual Meeting and Clinical Symposium

New Hampshire Athletic Trainers' Association (NHATA), Fall 2017 – Present

- New Hampshire Athletic Training Student iLead Representative, Spring 2018 – Fall 2020
 - › Drafted and proposed an iLead Representative Policy & Procedure
 - › Spoke to New Hampshire athletic training student organizations about leadership and involvement
 - › Coordinator for the Proclamation of National Athletic Training Month in New Hampshire