



NHATA EDAC & LGBTQ+ ADVISORY COMMITTEE PRESENTS:

SOCIO-CULTURAL EXAMINATION IN PATIENT-CENTERED CARE

MULTI-STUDY LECTURE

RELATIONSHIP BETWEEN RACIAL IDENTITY AND CONCUSSION CARE-SEEKING BEHAVIORS IN COLLEGIATE STUDENT-ATHLETES

- Concussion seeking behaviors included:
 - Removed self from play
 - Reported symptoms
 - Participated with symptoms
 - Witnessed a teammate report another teammates symptoms
- Findings:
 - Those who identify as POC (People of Color) were more likely to witness a teammate report another teammates symptoms.
- Take-away:
 - Focus on inclusivity for future recruitment
 - Consider different approaches to investigate the association between racial identity and a given outcome

RELATIONSHIP BETWEEN SOCIO-ECONOMIC STATUS, RACE/ETHNICITY AND ACCESS TO AT IN PUBLIC SECONDARY SCHOOL

- Purpose:
 - To identify the difference in access to AT services in public secondary school based on School Socio-Economic status (SES).
 - Investigate difference in access to AT services based on Race/Ethnicity.
- Findings:
 - Socioeconomic disparities are present in access to AT services.
 - Those with lower household incomes had less access to those with higher income households.
 - Steps to ensure equitable care in health care;
 - Research
 - Lobbying
 - Media campaigns
 - Stakeholder education



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PROVIDING TRANSGENDER PATIENT CARE

- **Transitioning:**
 - Not a strict continuum
 - Each transgender person may experience transitioning differently
 - No required steps to transition
 - Physiological Response to HRT (Hormone Replacement Therapy)
 - Has positive impact on mood, contrary to some beliefs
- **Way to Create a safe environment:**
 - Limited formal education
 - Professional Development activities
 - Acknowledging pronouns
 - Create trusting relationships to improve outcomes.

ETHNOCULTURAL EMPATHY IN ATHLETIC TRAINING STUDENTS

- **Empathy includes all domains:**
 - Advocacy, Approachability, Communication, Competence, and Access
- **Findings:**
 - Sophomore students had the least amount of empathy compared to their peers.
 - Post- professional students had the most amount of empathy compared to their peers.
- **Discussion:**
 - Lack of knowledge or understanding of other cultures could be the cause of lack of empathy.
 - This helps to prove that empathy needs to be taught throughout all years of Athletic Training.