

# Ali Bower MAT, ATC, FAFS

## Education

- Texas Tech University Health Sciences Center – Master of Athletic Training  
Lubbock, Texas – May 2014
- Elon University – Bachelor of Science in Exercise and Sports Science, Spanish Minor  
Elon, North Carolina - May 2011

## Certifications and Licenses

- Board of Certification Certified Athletic Trainer (ATC)
- Gray Institute Fellow of Applied Functional Science (FAFS)
- New Hampshire Office of Allied Health Athletic Training Licensure (NH-LAT)
- American Heart Association CPR for the Health Care Provider

## Professional Experience

- Contract Lecturer - Keene State College, Keene NH, August 2018 - Present  
Currently a member of the Keene State College faculty within the Human Performance and Movement Science Department teaching specifically in the Athletic Training Major. Working with students from sophomores to seniors including introduction classes through senior seminars in lecture to lab format averaging 16 credit hours per semester.

- Athletic Trainer/Physician Extender – Cheshire Medical Center Dartmouth-Hitchcock Sports Medicine Center, Keene NH, August 2015 - July 2018  
Head Athletic Trainer for Keene High School providing sports medicine coverage for more than 25 sports teams and over 600 student athletes. Responsibilities included emergency response and acute care, injury evaluation, treatment, rehabilitation and concussion management as well as preventative programs, referral to and communication with other medical professionals. In partnership with Keene State College, functioned as preceptor to the Athletic Training Major and oversaw several high school interns. Also worked as a physician extender within Dartmouth-Hitchcock Orthopedics working alongside orthopedic surgeons and physician assistants taking patient histories, assisting with in-office procedures, casting, splinting and functional rehabilitation sessions.

- Assistant Athletic Trainer – Roger Williams University, Bristol RI, Sept. 2014 – Aug. 2015  
Assisted the Roger Williams University Sports Medicine Staff with special events, tournaments and games on an as needed basis.

- Head Athletic Trainer – OPT Physical Therapy, Bristol RI, July 2014 – Aug. 2015  
Head Athletic Trainer for Mount Hope High School to more than 20 sports and over 500 student athletes. Responsibilities included emergency response and acute care, injury evaluation, treatment, rehabilitation and concussion management as well as preventative programs, referral to and communication with other medical professionals.

- Aquatics Director – Camp Tel Noar, Hampstead NH, Summer 2011  
Returned to camp to oversee a new pool complex as well as lake waterfront activities for campers and managed the lifeguard and instructor staff. Developed policies for aquatic emergencies, lifeguard certifications and in-service training, swimming lessons and special events. Taught lifeguarding and junior lifeguarding via the American Red Cross to teenage campers.